

## Week 1

	Monday	Tuesday	Wednesday	Thursday	Friday
Soup of the Day	Cheddar & Broccoli Soup	Vegetarian Vegetable Soup **	Cajun Seafood Gumbo	Shrimp Bisque Soup	Calico Bean Soup **
	Baked/Fried Chicken	Japanese Chx Wing	Teriyaki Chicken	Fried Catfish	Roast Beef w/Au Jus
	BBQ Ribs	Pepper Steak	Veal Parmesan	Creole Baked Catf.	Blackened Taliapia
	White/Brn Rice	White/Brn Rice	White/Brn Rice	Chx & Sau. Jamba.	Bombay Chicken
	Roasted Potatoes	Buttered Noodles	Mashed Potatoes	Macaroni & Cheese	White/Brn Rice
	Red Beans w/Sau.	Corn	Steamed Zucchini	Roasted Red Pota.	Mashed Potatoes
	Broccoli Parmesan	Tuscany Blend Veggies.	Herbed Baby Carrots	Seasoned Greens	Corn O'Brien
	Scandinavian Blend	Club Spinach	Peas w/Mushroom	Succotash	Green Beans
	Seasoned Greens	Brown Gravy	Chicken Gravy	Okra/ Tomato Gumbo	Glazed Carrots
	Chicken Gravy	Dinner Rolls	Dinner Rolls	Brown Gravy	Chicken Gravy
	Corn Bread			Cornbread	Dinner Rolls

\*\*Note: Make from scratch

## Week 2

	Monday	Tuesday	Wednesday	Thursday	Friday
Soup of the Day	Cheddar & Broccoli Soup	Vegetarian Vegetable Soup **	Cajun Seafood Gumbo	Shrimp Bisque Soup	Calico Bean Soup **
	Beef Bulgogi	Italian Roast Pork	Spaghetti/ Meatbal.	Smthed Pork Chops	Must-Dill Bkd Salm.
	Baked/BBQ Chicken	Jaegerschnitzel	Chicken Alfredo	Beef Stew	Baked Chicken Brst
	Egg Rolls	Eggplant Parmesan	Meat Lasagna	Wild Rice	Lyonnais Potatoes
	Pot Stickers	Brown Rice Pilaf	Wheat Pasta	Mashed Potatoes	Oriental Rice
	White/Brn Rice	Herbed Potatoes	Rosemary Potatoes	Fried Cab. w/Bacon	Vegetable Stir Fry
	Black Eyed Peas	Broccoli Spears	Southern Gr. Beans	Caribbean Blend	Broccoli Spears
	Steamed Zucchini	Tuscany Blend Veg.	Glazed Carrots	Fire Roast. Veget.	Caulif. Parmesan
	California Blend	Summer Squash	Bruss. Sprout Parm.	Cornbread	Brown Gravy
	Chicken Gravy	Brown Gravy	Breadsticks		Dinner Rolls
	Cornbread	Dinner Rolls			

\*\*Note: Make from scratch

**Week 3**

	<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
<b>Soup of the Day</b>	Cheddar & Broccoli Soup	Vegetarian Vegetable Soup **	Cajun Seafood Gumbo	Shrimp Bisque Soup	Calico Bean Soup **
	Sweet /Sour Pork	Beef Enchiladas	Roast Turkey	Beef Stroganoff	Fried/Creole Catfish
	<b>Fried Chicken</b>	Chicken Fajita	Mustard Dill Talapia	BBQ Chicken	Beef Yakisoba
	Egg Rolls	Mexican Rice	Spinach Lasagna	Baked Chicken Brst	Macaroni & Cheese
	White/Brn Rice	Refried Beans	Mashed Potatoes	Buttered Noodles	Hopping John
	Mashed Potatoes	Calico Corn	Cornbread Dressing	Roasted Red Pota.	Corn on Cob
	Mixed Vegetables	Fire Roasted Vege.	Mixed Vegetables	Steamed Broccoli	Fried Okra
	Calico Cabbage	Club Spinach	Steamed Carrots	Oriental Vegetables	Peas & Carrots
	Sweet Peas	Chicken Gravy	Caulif. Augratin	Bkd Hub. Squash	Brown Gravy
	Brown Gravy	Dinner Rolls	Turkey Gravy	Chicken Gravy	Cornbread
	Cornbread		Dinner Rolls	Dinner Rolls	

\*\*Note: Make from scratch

changes

updated 9 Jun 16