



System for Health toolkit

The 'System for Health' (SfH) initiative is nested in the Army's Ready and Resilient Campaign (RC2). It moves the AMEDD, and ultimately the entire Army, from a system focused on delivering healthcare to a system that also proactively influences the health and well-being of all its beneficiaries. The end stage goal is to prevent sickness and injury and promote healthy choices that build resilience. It improves, restores, and maintains the health of the Total Army Family.

The SfH toolkit was produced to help all AMEDD staff engage our community and move toward a SfH. It also upgrades and replaces the Performance Triad Toolkit that was sent out summer of 2014. Since the Army Surgeon General's Performance Triad is the first step into the SfH and is a key enabler for the RC2, the toolkit foundation is based on the triad principles of adequate sleep, exercise, and proper nutrition.

The SfH Toolkit contains a variety of educational resources, materials, many special tools, tips, and interactive products geared toward promoting the Health Readiness and performance of Soldiers, Retirees, Families, children, and women. The materials have been organized in sections based on content or subject area (Products by Theme), clinical area of responsibility (Products by Product Lines and Clinics), and provider training and resources for professional development (Provider Tools). This version (2.0) of the toolkit has included a focused on: Soldier Care Medical Homes, Patient Care Medical Homes, Pediatrics, Women's Health, Army Wellness Centers, Dental Clinics, and Veterinary Treatment Facilities. The first part of the toolkit is organized by themes of the Performance Triad: Overview, Sleep, Activity, Nutrition, and Technology. The second part of the toolkit is organized by clinic to make it easy for clinic leaderships to review and determine optimal patient education materials for their clinic. Each clinic has their own dedicated chapter of tools to make it easier to use

It is easy to use, just open your toolkit and go to the table of contents. Click on your topic of interest and it will take you to the tools, products and videos you need. These tools are hyperlinked to the HIP e-catalog at the US Army Public Health Command so that you can easily order or download the products to support your mission.

As new products are added to the HIP e-catalog - the System for Health Toolkit will be updated.

MEDCOM has tasked dissemination of this toolkit "to the lowest level" in the AMEDD NLT 15 Dec 2014. Please become familiar with it.

Feel free to contact Ms. Taylor in the BJACH Health Promotion section at 531-3255 for questions or assistance with ordering products.