

06 October 2010

Dear Retiree

RE: Retiree Appreciation Day 23 Oct 2010

Bayne-Jones Army Community Hospital would like to invite you to participate in the Retiree Appreciation Day on 23 Oct 2010 0830-1430 by entering the second floor entrance.

If, you are **enrolled to BJACH as your primary care provider**, you can decrease your wait times by calling to **pre-register** prior to 23 October 2010 by calling 337-531-3011 Opt 1, then Opt 2, your labs will be entered prior— then, you may go directly to the laboratory.

If, you are **enrolled to BJACH as your primary care provider** and did **not pre-register** prior to 23 Oct 2010 there will be Call Center Triage Nurses available to enter laboratory exams, review of your wellness needs, provide education, and schedule your follow-up appointments with your PCM.

The following exams are recommended for Wellness/Prevention:

- 1) Diabetes—screening laboratory exams-fasting blood sugar, A1C, and cholesterol tests; preparation for these exams—do not eat for 10-12 hours prior to having them drawn (you may drink water, but no chewing gum/mints), you should have blood drawn early in the day so you can take your medications right afterwards.
- 2) Colorectal screening-recommended for ages 50 years or older-Fecal occult blood testing (FOBT) is recommended annually. Colonoscopy testing is recommended once every ten years.
- 3) Pap Smear-biyearly pap tests beginning at age 21 for women in good health. Once age 30 and normal pap reports, the recommendation is for every 3 years or frequency as recommended by your provider. Women with hysterectomy do continue to need the well woman portion of the exam (not the pap smear).
- 4) Mammography-Most national organizations (including the American Cancer Society) recommend getting a mammogram yearly from the age of 40 onward. You should at least get a mammogram every other year from the age of 40 to 50, and all national organizations agree that women should get yearly mammograms after the age of 50.

If, you are **enrolled to an outside provider**, other than BJACH, your are still entitled to receive laboratory and radiology services at BJACH, but you must have a written prescription requesting the exams the provider wants ordered. When these exams have been completed the results will be sent back to the ordering provider. If, you have any questions or concerns, please call 337-531-3011 to speak to a Call Center Triage Nurse, they will explain what exams need to be fasting or any preparation for these exams.

The Call Center staff is always available Monday-Friday 0700-1600 to provide education or answer any of your wellness questions by again calling 337-531-3011, Opt 1, and then Opt 2.

Enclosed you will find a HEDIS WELLNESS QUESTIONNAIRE, 1) you may call ahead to review your needs with a Triage Nurse, 2) bring this completed form to Retiree Appreciation Day, or 3) complete it on the 23 Oct 2010. We look forward to assisting your with your wellness and prevention needs!

Sincerely,
Call Center Triage Staff
Managed Care Division

WELLNESS SCREENING QUESTIONNAIRE

Patient Name/Sponsor's Last 4 SSN _____ DOB: _____

PCM: _____

Date: _____

Screeener _____

ASTHMA:

- a) History of Persistent Asthma? Yes No
- b) If yes, what Asthma controller meds are currently used? (Multiple Choice) Advair, Aerobid, Flovent, Azmacort, Singulair, Symbicort, Pulmicort, Other, None needed

PNEUMONIA:

- a) Had yearly flu shot? Yes No
- b) Had Pneumococcal Shot if patient is 65+ or chronic medical problem? Yes No N/A

CANCER SCREENING

- a) Had recommended Pap-Cytology? Yes No N/A
- b) Females over 40+: Had at least 1 Mammogram in past 24 months? Yes No N/A
- c) Males over 50+: Had yearly PSA? Yes No N/A
- d) Had Colorectal Cancer Screening? All patients 50+ Yes No N/A;
 FOBT Colonoscopy Flex Sig

DIABETES

- a) Does patient have Diabetes? Yes No
- b) If yes, what yearly labs have been done? (Multiple Choice) HgbA1C, CMP, Microalbumin, Lipid Profile, N/A
- c) What diabetic exams have been done? (Multiple Choice) Eye, Foot, N/A